

FRIDA ORUPABO

Born in 1986

Lives and works in Oslo, Norway

Upcoming

2025

Sprengl Museum, Hanover (solo)

2024

Galerie Nordenhake Berlin, Gallery Weekend Berlin (solo)

Bonniers Konsthall, Stockholm; travelling to the Astrup Fearnley Museet, Oslo (solo)

Solo exhibitions

2023

Fear of Fear, Galerie Nordenhake, Mexico City, Mexico

Things I saw at night, Modern Art, London, UK

2022

I've been here for days, Stevenson Gallery, Cape Town, South Africa

Closed up like a fist, Nicola Vassell Gallery, New York, USA

How fast shall we sing, Galerie Nordenhake, Stockholm, Sweden

I have seen a million pictures of my face and still I have no idea, Fotomuseum Winterthur, Winterthur, Switzerland

2021

How did you feel when you come out of the wilderness, Kunsthall Trondheim, Trondheim, Norway

Frida Orupabo, Museo Afro Brazil, São Paulo, Brazil

2020

12 Self Portraits, Gavin Brown's Enterprise, Rome, Italy

Stevenson Gallery, Johannesburg, South Africa

KOENIG2 by_robbygreif, Christine König Galerie, Vienna, Austria

2019

A house is a house, Galerie Nordenhake, Berlin, Germany

the mouth and the truth, Portikus, Frankfurt/Main, Germany

Medicine for a Nightmare, Kunstnernes Hus, Oslo, Norway

2018

Two-Thirds Pleasure, Galerie Nordenhake, Stockholm, Sweden

Cables to Rage, Gavin Brown's Enterprise, New York, USA

Selected group exhibitions

2024

Pansori – a soundscape of the 21st century, 15th Gwangju Biennale, Republic of Korea
Giants: Art from the Dean Collection of Swizz Beatz and Alicia Keys, Brooklyn Museum of Art, New York, USA
20 Years of Verbund Collection, Albertina Vienna, Austria

2023

Stranger in the Village, Aargauer Kunsthaus, Switzerland
Her Voice, FOMU Photography Museum Antwerpen, Belgium
Talking Bodies – Körperbilder im Plakat, Museum für Gestaltung Zurich, Switzerland
A boundless idea of North, Le Nouveau Printemps, Toulouse, France
Deutsche Börse Photography Foundation Prize 2023, The Muzeum Fotografii w Krakowie, Krakow, Poland
European Month of Photography: Rethinking Identity: Je est un autre, MNHA Musée national d'histoire et d'art, Luxembourg
Deutsche Börse Photography Foundation Prize, The Photographers' Gallery, London, UK
Chrysalis: The Butterfly Dream, Centre d'art Contemporain Genève, Geneva, Switzerland
FLIGHT, Malmö konsthall, Malmö, Sweden
Louisiana Museum of Modern Art, Humlebaek, Denmark
Astrup Fearnley Museum of Modern Art, Oslo, Norway
Tracing Fragments, Gerðarsafn, Kópavogur Art Museum, Iceland
Unruly Bodies Goldsmiths CCA, London, UK
The Rose, The Lumber Room, Portland, Oregon, USA

2022

Pattern Recognition. Revisiting the Municipal Collection Erlangen, Kunstpalais, Erlangen, Germany
Changes (collection presentation), MUMOK, Vienna, Austria
Arles Les Rencontres De La Photographie, Arles, France
Arken Museum of Modern Art, Ishøj, Denmark
North Atlantic Triennial, Portland Museum of Art, Portland, USA
Reykjavík Art Museum, Reykjavík, Island
Bildmuseet, Umeå, Sweden
Future Generation Art Prize, Venice, Italy
Munch Triennale, Oslo, Norway
MAXXI Museum, L'Aquila, Italy
Currency 8th Triennial of Photography, Hamburger Kunsthalle, Hamburg, Germany
Hannah Ryggen Triennial, Trondheim and Ørland, Norway
Okayama Art Summit, Okayama, Japan
ARS22, Kiasma, Helsinki, Finland
Ghostscript, Modern Art, London, UK
Itinerant exhibition in the framework the 34th Bienal de São Paulo, Centro Nacional de Arte Contemporáneo de Cerrillos, Santiago de Chile, Chile

2021

FRAC Poitou-Charentes, Linazay, France

Stevenson Gallery, Cape Town, South Africa
Deichtorhallen, Hamburg, Germany
Rudolfinum, Prague, Czech Republic
MOMENTUM biennale: HOUSE OF COMMONS, Moss, Norway
...A boundless idea of North, Munch Studio, Ekely, Norway
Mother!, Louisiana Museum of Modern Art, Humlebaek, Denmark
Mother!, Kunsthalle Mannheim, Germany
Museo Universitario Arte Contemporáneo, Mexico City, Mexico
34a Bienal Sao Paulo, Sao Paulo, Brazil
Dear Truth, Hasselblad Foundation, Gothenburg, Sweden
Future Generation Art Prize, PinchukArtCentre, Kyiv, Ukraine

2020

We Fight to Build a Free World, curated by Jonathan Horowitz, Jewish Museum, New York, USA
Infinite Identities / Photography in the Age of Sharing, Huis Marseille, Amsterdam, Netherlands
Royal Academy Summer Exhibition, Royal Academy of Arts, London, UK
Resistant Faces, Pinakothek der Moderne, Munich, Germany
What is the present?, Museum für Gegenwartkunst Siegen, Germany
Dynamic Spaces, Museum Ludwig, Cologne, Germany

2019

Rock My Soul, curated by Isaac Julien, Victoria Miro Gallery, London, UK
May You Live In Interesting Times, curated by Ralph Rugoff, 58th Venice Biennale, Venice, Italy
Sell it with Flowers, The Museum of Art and History of Neuchâtel, Switzerland
(Arthur Jafa) A Series of Utterly Improbable, Yet Extraordinary Renditions, Moderna Museet, Stockholm, Sweden
(Arthur Jafa) A Series of Utterly Improbable, Yet Extraordinary Renditions, Galerie Rudolfinum, Prague, Czech Republic

2018

(Arthur Jafa) A Series of Utterly Improbable, Yet Extraordinary Renditions, Julia Stoschek Collection, Berlin, Germany
Niepodległe: Women, Independence and National Discourse, Museum of Modern Art, Warsaw, Poland
Putting Out, Gavin Brown's Enterprise, New York, USA

2017

(Arthur Jafa) A Series of Utterly Improbable, Yet Extraordinary Renditions, Serpentine Gallery, London, UK

Awards and Grants

SPECTRUM Internationaler Preis für Fotografie 2025

Shortlist Deutsche Börse Photography Prize 2023

Shortlist Joan Miro Prize 2023

Shortlist Future Generation Art Prize 2020

Public Collections

21C Hotel Museum, USA
A4 Arts Foundation, South Africa
Brooklyn Museum of Art, USA
Alexander Tutsek Foundation, Munich, Germany
Astrup Fearnley Museum of Modern Art, Norway
Centre national des arts plastiques, France
The Dean Collection, USA
FRAC Bretagne, France
Fotomuseum Winterthur, Switzerland
Foundation ARCO, Spain
Fundación CALOSA, Irapuato, Guanajuato, Mexico
Göteborgs Konstmuseum, Sweden
Henie Onstad Kunstsenter, Norway
Huis Marseilles, Museum for Photography, Netherlands
Jumex Museum, Mexico
Kadist Foundation, France / USA
KIAMSA, Finland
Kistefors Collection, Norway
LACMA (Los Angeles County Museum of Art), USA
Louisiana Museum of Modern Art, Denmark
lumber room, USA
Marieluise Hessel Foundation, USA
Moderna Museet, Sweden
Mumok, Museum Moderner Kunst Stiftung Ludwig, Austria
Museum Ludwig, Germany
Museum Rietberg, CH
Nasjonalmuseet/National Museum, Norway
NKIM / Nordenfjeldske Kunstindustrimuseum, Norway
Perez Art Museum, USA
Preus Museum, Norway
Solomon R. Guggenheim Foundation, USA
Scheryn Collection, South Africa
Studio Museum in Harlem, USA
Tate Modern, UK
Turku Art Museum, Finland
Verbund Collection, Austria
Victoria and Albert Museum, London
Zabludowicz Collection, UK / Finland

Selected publications

Flight, Malmö Konsthall, 2023 (Exhibition Catalogue)

Hessler, Stefanie (Ed.), Frida Orupabo, Kunsthall Trondheim/Sternberg Press, 2021 (Monograph)

Bereng, Lerato (Ed.), How to make a country, Frac Poitou-Charentes. Angoulême, France, 2021 (Exhibition catalogue)

Frida Orupabo: Hours after, Stevenson | Catalogue 96 | March 2021 (Exhibition catalogue)

Arthur Jaffa, A Series of utterly improbable, yet extraordinary renditions, Moderna Museet/Serpentine Galleries, 2019 (Exhibition catalogue)

Selected press

Akinkugbe, Alayo, Frida Orupabo, the Artist Reconfiguring Colonial Legacies through Collage, in: AnOther Magazine, 05 May 2023

Malatjie, Portia, Frida Orupabo, in: Artforum, May 2023

Churchman, Fi, Frida Orupabo, in: ArtReview, May 2023

Blomkamp, Stephanie, Quiet like an Oyster, in: Oath - A Photography Pledge, Artist Review, 2023

Llorens, Natasha Marie, Frida Orupabo Preaches to the Choir, in: Frieze, 11 May 22 (Exhibition review)

Otieno Sumba, Eric, Frida Orupabo Flips the Script on the Trope of the Horse in Art History, in: Frieze, Issue 222, 21 Sep, 2021

Rosa, Margarita Lila, Frida Orupabo: Closed up like a Fist, in: Brooklyn Rail, Apr 2022 (Exhibition Review)

Arthus Jafa and Frida Orupabo in Conversation, in: Revue Cahiers d'Art, 2020, Standard Edition

Das, Jareh, New Readings, New meanings: Frida Orupabo Interviewed by Jareh Das, in: BOMB, 6 Jul, 2020

Speder, Lorina, Eine einzigartige Ansammlung von kulturellem Erbe, in: Tagesspiegel, 16 Jan, 2020

Hierholzer, Michael, Das Prinzip Collage, Frankfurter Allgemeine Zeitung, 28 Sep, 2019

Werno, Johanne Nordby, Frida Orupabo and Arthur Jafa, in: Artforum, 2019

Igor, Efe, Sorting Things Our: A Conversation with Artist Frida Orupabo, in: Conversation X - An Alternative Platform, 11 Oct, 2018

Bueti, Federica, Viewpoint: Arthur Jafa at Julia Stoschek Collection, Berlin, in: Ocula Report, 17 May, 2018

Collecting Images at Frida Orupabo's First Solo US Exhibition, in: Protochic, 12 Mar 2018

Fite-Wassilak, Chris, Ways of seeing with Arthur Jafa, in: Apollo, 9 Aug 2017